## **INSTRUCTION**

## **Suicide Prevention**

The Port Townsend School District Board of Directors recognizes that suicide is a leading cause of death among youth and that suicidal indicators such as substance abuse and violence are complex issues that should be taken seriously. While district staff may recognize potentially suicidal youth and the district can make an initial risk assessment, the district cannot provide indepth mental health counseling. Instead, the board directs district staff to refer students who exhibit suicidal behaviors to an appropriate service for further assessment and counseling.

District staff who have knowledge of a suicide threat must take the proper steps to support the student and to report this information to the building principal or designee who will, in turn, notify the appropriate school officials, the student's family, and appropriate resource services.

The board also recognizes the need for youth suicide prevention procedures. The district will adopt and, at the beginning of each school year, provide to all district staff, including substitute and regular bus drivers, a plan for recognizing, screening, referring, and responding to students in emotional or behavioral distress. At a minimum, the plan will:

- Identify training opportunities for staff on recognizing, screening and referral of students in emotional or behavioral distress, including those who exhibit indicators of substance abuse, violence or suicide;
- Describe how to utilize the expertise of district staff trained in recognition, screening, and referral;
- Provide guidelines, based on staff expertise, for responding to suspicions, concerns or warning signs of emotional or behavioral distress;
- Address development of partnerships with community organizations and agencies for referral of students to support services, to include development of at least one memorandum of understanding between the district and one such entity;
- Contain procedures for communication with parents;
- Describe how staff should respond to a crisis situation where a student is in imminent danger to himself or herself or others;
- Describe how the district will provide support to students and staff after an incident of violence or student suicide.

The superintendent will develop and implement the plan and a staff training schedule to achieve the board's goals and objectives.

Cross References: Policy 3207 Harassment, Intimidation and

Bullying

Policy 2140 Guidance and Counseling Policy 3211 Transgender Students RCW 28A.410.043 School Counselor

Certification

Legal References:

RCW 28A.320.127 Plan for recognition,

screening, and response to emotional or behavioral distress in students

RCW 28A.401.226 Washington professional

educator standards board – Training program on youth

suicide screening –

Certificates for school nurses, social workers, psychologists and counselors – Adoption of

standards

RCW 28A.320.1271 Model school district plan for

recognition, initial screening, and response to emotional or behavioral distress in students Youth Suicide Awareness and

Policy News, April 2011 Youth Suicide Awareness

**Prevention Plans** 

Policy News, December 2014

8/8/11; 2/23/15

Management Resources

PORT TOWNSEND SCHOOL DISTRICT NO. 50