



# Wear the right mask



## The right mask...

- Covers the nose and mouth.
- Has multiple layers. Cotton is a good choice of fabric.
- Can be washed daily. Or if disposable, disposed after each use.
- Comfortable and fits snugly against the sides of the face.
- Worn all day on the school bus at school, except when eating or drinking.
- Replaced when wet or dirty.
- Has no vents or valves.

## A few tips...

- A face shield can only be worn with a mask, not a face shield alone.
- Bring an extra mask in your bag every day.
- Let someone know if you need a mask.
- Wearing a mask protects others.
- Wash your hands after touching your mask.

## Stay home if...

- You are **feeling sick**
- You have a **sick family member** at home

## Wash your hands..

Good hygiene is important just like masks. Wash your hands often with soap and water, for at least 20 seconds at a time.